



Additional protection for those with active lifestyles

EverydayProtect provides protection against many kinds of day-to-day accidents that can happen at any time – from broken bones to accidental permanent injuries. But for those with more active lifestyles, taking out optional Active Lifestyle cover as part of an EverydayProtect policy can provide the additional protection your clients need for the unexpected.

For clients who take part in sports non-professionally, or perhaps those who spend more time outdoors exploring the world, Active Lifestyle cover provides financial protection for:

- Tendon ruptures
- Dislocations
- Complete ligament tears
- Partial ligament tears





Millions of adults in the UK participate in sport twice a week*, which can increase the risk of them getting injured and needing financial support in the short- or even long-term. As part of your next meeting, consider asking your clients whether they participate in any of the following, and consider whether an EverydayProtect policy with Active Lifestyle cover would give them the protection they need to do the things they love with peace of mind.

- Football or rugby
- Cycling
- Gym, weightlifting, or fitness classes
- Running

What's more, if your client suffers an injury and they need to spend time in a UK hospital, they'll be able to claim for every complete 24-hour period they spend there – up to a maximum of £250 per day – so they'll be able to keep life on track while they recover.

Active Lifestyle cover can be added to any EverydayProtect policy for £1 per unit per month for up to five units, so is flexible to your clients' budgets. And it's easy to apply too, with a simple online process that doesn't include any health questions, and cover that usually starts immediately.

**To find out more, call our Protection Team on 0800 917 2221 – or email us at protection@metlife.com
metlife.co.uk/intermediary/protection**

*<https://www.statista.com/statistics/975115/sport-participation-england/> Accessed 5th January 2022

Exclusions apply. In each policy year you can make one claim for one dislocation, and one tendon rupture or ligament tear. Professional sports are not covered. Please refer to full policy terms and conditions.

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