



EverydayProtect

Active Lifestyles



A woman with dark hair tied back, wearing a light grey polo shirt and a smartwatch, is grooming a brown horse in a stable. She is using a round grooming brush on the horse's neck. The horse is wearing a halter and is tethered to a chain. The background shows the interior of a stable with wooden stalls and metal railings.

Protection for your everyday.
No matter the activity...

EverydayProtect is a simple product.

It provides protection for you against many kinds of day-to-day accidents.

And is perfect for people like you who have active lifestyles.



Is it for me?

yes

EverydayProtect - Active Lifestyles

Millions of people like you play sport every week in the UK.* But getting injured could mean you need long or short term financial help.

Optional **Active Lifestyle Cover** as part of an **EverydayProtect** policy gives you financial protection and covers you for:

- Tendon ruptures
- Dislocations
- Complete ligament tears
- Partial ligament tears

In addition to the core product.

So, for example, if you take part in any of these, you're covered:

- Football
- Rugby
- Cycling
- Gym, weightlifting, or fitness classes
- Running
- Martial arts
- Equestrian sports

And more...

*<https://www.statista.com/statistics/975131/sport-participation-england-by-activity-group/>. Accessed May 2024

For every moment, there's  **MetLife**



Can I add it to my policy?

yes

EverydayProtect - Active Lifestyles



Active Lifestyle Cover can be added to any **EverydayProtect** policy for £2 per unit per month for up to five units, so is flexible to your budget. And it's easy to apply too, with our simple online process that doesn't include any health questions, and cover that usually starts immediately.

For every moment, there's  **MetLife**

Does it give me complete peace of mind?

If you suffer an injury and need to spend time in a UK hospital, you'll be able to claim for every complete 24-hour period you spend there – up to a maximum of £250 per day* – so you'll be able to keep life on track while you recover.

*Based on five units of cover.

EverydayProtect - Active Lifestyles



For every moment, there's

 MetLife

Now's the moment to

just say *yes*

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