

For every moment, there's  MetLife

Say
yes
to every day
with
Everyday
Protect



EverydayProtect gives you the reassurance and confidence to keep saying yes to life when the unexpected happens. It provides financial support when you need it, as well as unlimited access to a virtual GP and virtual physiotherapy services plus online Wellbeing Support Centre. Get covered in three simple steps.

Step 1 – Start with Core Cover

EverydayProtect automatically includes the following benefits, with a monthly premium from **£11 up to £55**.



Broken bones
cover is up to **£5,000** per broken bone, even if you break more than one



Accidental death
should the worst happen, EverydayProtect provides cover for up to **£200,000**



Total permanent disablement - unable to look after yourself ever again cover up to **£250,000**



Accidental permanent injuries covers a wide range of life-changing injuries up to **£125,000**



UK hospital stays cover is up to **£250** per 24-hour period you're admitted to hospital due to an accident or sickness (sickness is covered once you have held your policy for at least 12 months)



Non-accidental death benefit up to **£10,000** if you die as a result of natural causes, or your premiums returned if your death is within the first year of your policy starting

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Step 2 – Add any optional cover

EverydayProtect provides two additional cover options starting from just **£2 per month**.



Child Cover - from £2 per month

offers a wide range of benefits to help support you through difficult times, including if your child is diagnosed with cancer - and provides protection for children from birth until their 23rd birthday. Children do not need to live with the policyholder.



Active Lifestyle Cover - from £2 per month

provides additional cover in the event of you sustaining bodily injury caused by an accident, which results in a dislocation, a tendon rupture or a ligament tear. We'll help you get back on track, so that you can keep enjoying the activities you love.

Step 3 – Choose your level of protection

MetLife EverydayProtect is an affordable protection plan that can be tailored to suit your needs.

There are 5 levels of cover, choose between 1 and 5 units – **the more units you buy the higher your benefits will be, and your monthly premium will be higher too.**

More units = higher level of benefits

	1 Unit	2 Units	3 Units	4 Units	5 Units
Core Cover	£11 per month	£22 per month	£33 per month	£44 per month	£55 per month
Child Cover	+£2 per month	+£4 per month	+£6 per month	+£8 per month	+£10 per month
Active Lifestyle Cover	+£2 per month	+£4 per month	+£6 per month	+£8 per month	+£10 per month



For full benefits and exclusions please ensure you read the Policy Terms and Conditions document.

Wellbeing Support Centre

As a MetLife policyholder, you'll have unlimited access to our Wellbeing Support Centre. You can access support via the Wisdom App or speak to a counsellor for in-the-moment support by telephone, or video call. Support is accessible 24 hours a day, 7 days a week, 365 days a year, covering a wide range of issues such as financial, mental and physical wellbeing. Full details will be sent in your welcome pack.



GP24 - virtual GP service

Our individual protection policyholders and their families have unlimited access to GP24, our virtual GP service. GP24 allows you to book an appointment with registered GPs 24 hours a day, every day of the year, and can provide unlimited advice, reassurance – and where appropriate – medical diagnosis. Appointments are available between 7am and 10pm.



Virtual Physiotherapy service

With EverydayProtect, you and your family will also get access to our virtual physiotherapy service provided by HealthHero. The Physiotherapists are fully qualified, have HCPC registration, and offer a safe, credible alternative to face-to-face physiotherapy. You will get 6 sessions of 30 minutes per year, and you can opt to see the same physiotherapist across the sessions where possible.



0800 917 0100

metlife.co.uk

Wellbeing Support Centre is a wellbeing advice and support service, provided by Health Assured Limited (No.6314620) Registered address: The Peninsula, Victoria Place, Manchester M4 4FB. GP24 and Virtual Physiotherapy is a healthcare and health advice service provided by Health Hero Solutions Limited, trading as HealthHero (No.10675063) Registered address: 10 Upper Berkeley Street, London, W1H 7PE. These services are added benefits and are not part of your insurance contract. MetLife may amend or withdraw these services at any time. MetLife products and services are offered by MetLife Europe d.a.c. which is an affiliate of MetLife, Inc. and operates under the "MetLife" brand. MetLife Europe d.a.c. is a private company limited by shares, registered in Ireland under company number 415123. Registered office at 20 on Hatch, Lower Hatch Street, Dublin 2, Ireland. UK branch office at Invicta House, Trafalgar Place, Brighton BN1 4FR. Branch establishment number: BR008866. MetLife Europe d.a.c. (trading as MetLife) is authorised and regulated by Central Bank of Ireland. Authorised by the Prudential Regulation Authority in the UK. Subject to regulation by the Financial Conduct Authority and limited regulation by the Prudential Regulation Authority in the UK. Details about the extent of our regulation by the Prudential Regulation Authority are available from us on request.

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