



EverydayProtect

Active Lifestyles



EverydayProtect - Active Lifestyles

For every moment, there's  **MetLife**

A woman with dark hair tied back, wearing a light grey polo shirt and a smartwatch, is grooming a brown horse in a stable. She is using a round-backed brush on the horse's neck and mane. The horse is wearing a halter and is attached to a chain. The background shows stable stalls.

Protection for your everyday.
No matter the activity...

EverydayProtect is a simple product.

It provides protection for you against
many kinds of day-to-day accidents.

And is perfect for people like you who
have active lifestyles.



Is it for me?

yes

EverydayProtect - Active Lifestyles

Millions of people like you play sport every week in the UK.* But getting injured could mean you need long or short term financial help.

Optional **Active Lifestyle** cover as part of an **EverydayProtect** policy gives you financial protection and covers you for:

- Tendon ruptures
- Dislocations
- Complete ligament tears
- Partial ligament tears

In addition to the core product.

So, for example, if you take part in any of these, you're covered:

- Football
- Rugby
- Cycling
- Gym, weightlifting, or fitness classes
- Running
- Martial arts
- Equestrian sports

And more...

*<https://www.statista.com/statistics/975131/sport-participation-england-by-activity-group/>. Accessed May 2024

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A woman with short blonde hair is sitting in a meditative pose on a light-colored floor. She is wearing a black tank top and brown pants. In the background, there are blue shutters and a swing hanging from the ceiling.

Can I add it to my policy?

yes

EverydayProtect - Active Lifestyles



Active Lifestyle cover can be added to any **EverydayProtect** policy for £1 per unit per month for up to five units, so is flexible to your budget. And it's easy to apply too, with our simple online process that doesn't include any health questions, and cover that usually starts immediately.

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Does it give me complete peace of mind?

If you suffer an injury and need to spend time in a UK hospital, you'll be able to claim for every complete 24-hour period you spend there – up to a maximum of £250 per day* – so you'll be able to keep life on track while you recover.

*Based on five units of cover.

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 **MetLife**

Now's the moment to

just say *yes*

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