

Actively helping look after your everyday

Even when life is running smoothly, the unexpected can happen. Make sure you're protected with MetLife MultiProtect.

Starting from an extra £1 per month, optional Active Lifestyle Cover provides additional protection for accidental injuries including complete ligament tears, tendon ruptures and dislocations requiring surgery.

Giving you the confidence to live the life you love.



11 million
people play football in England.¹

UK hospital stays

Up to £250 per 24 hours in hospital

Cover for broken bones

Up to £3,750 for breaks, chips and fractures

In 2019, we paid **14,730** claims worth **£11.1m**, including:*

- 6,631 claims for broken bones
- 7,668 hospitalisation claims
- An average of 56 claims per day

For more information about MultiProtect, speak to your Adviser or visit [metlife.co.uk/multiprotect](https://www.metlife.co.uk/multiprotect)

¹<http://www.thefa.com/news/2015/jun/10/11-million-playing-football-in-england>

* MetLife protection claims portfolio data 2019

Exclusions apply. Please refer to full policy terms and conditions.

Products and services are offered by MetLife Europe d.a.c. which is an affiliate of MetLife, Inc. and operates under the "MetLife" brand.

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Over
250,000
people play rugby every week in England.¹

UK hospital stays

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¹<https://www.statista.com/topics/3208/rugby-in-the-united-kingdom-uk/>

¹<https://www.statista.com/statistics/899308/rugby-union-participation-uk/>

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2.4 million
people in the UK cycle at least once a week.¹

UK hospital stays

Up to £250 per 24 hours in hospital

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¹<https://www.cyclinguk.org/statistics>

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9.9 million
people in the UK have a gym membership¹.

UK hospital stays

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- An average of 56 claims per day

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¹<http://www.gymcareer.com/05/2018-state-uk-fitness-industry-report/>

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Every week, up to

30,000

yoga classes take place in the UK.¹

UK hospital stays

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¹<https://www.finder.com/uk/yoga-statistics>

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232,000
people participate in martial arts in the UK.¹

UK hospital stays

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¹ <https://www.statista.com/statistics/934935/martial-arts-participation-uk/>

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