

A better way to keep work working

More than just a policy, a proactive and preventative service

Group Income Protection provides a valuable workplace benefit that can reduce absence through a range of services, from health prevention to early intervention and rehabilitation. We've built our Group Income Protection to keep your employees healthy and happy, and to help you build and grow a thriving business.

And now, our policies combine our comprehensive intervention and rehabilitation services with YuLife's award-winning gamified technology¹. Together, our proposition not only provides effective resources for those employees who are unwell, but also helps employees take proactive steps to mitigate potential health issues, delivering a truly preventative solution.

How we can support your employees through ill health and sickness:

Gamified Wellbeing Experience

The YuLife app helps employees build healthy habits every day with rewards for walking, cycling, meditation and more. It also improves access to MetLife's tools and services.

Gold Standard Early Intervention

Our partnership with HCB Group provides proactive and effective early intervention and rehabilitation support.

Clinical Pathways

To guide employers with treatment pathways for employees across three conditions - mental health, MSK injury and long COVID.

Employee Assistance Programme

24/7 support, with up to 10 structured counselling sessions per year, and access to information on everything from debt and pensions, to heart health and travel.

GP24 - Virtual GP

Unlimited access to book an appointment with registered GPs 24 hours a day, every day of the year.

About MetLife



Worldwide presence in **40+** countries



156 years
of history



In the UK since **2007**



43k
employees



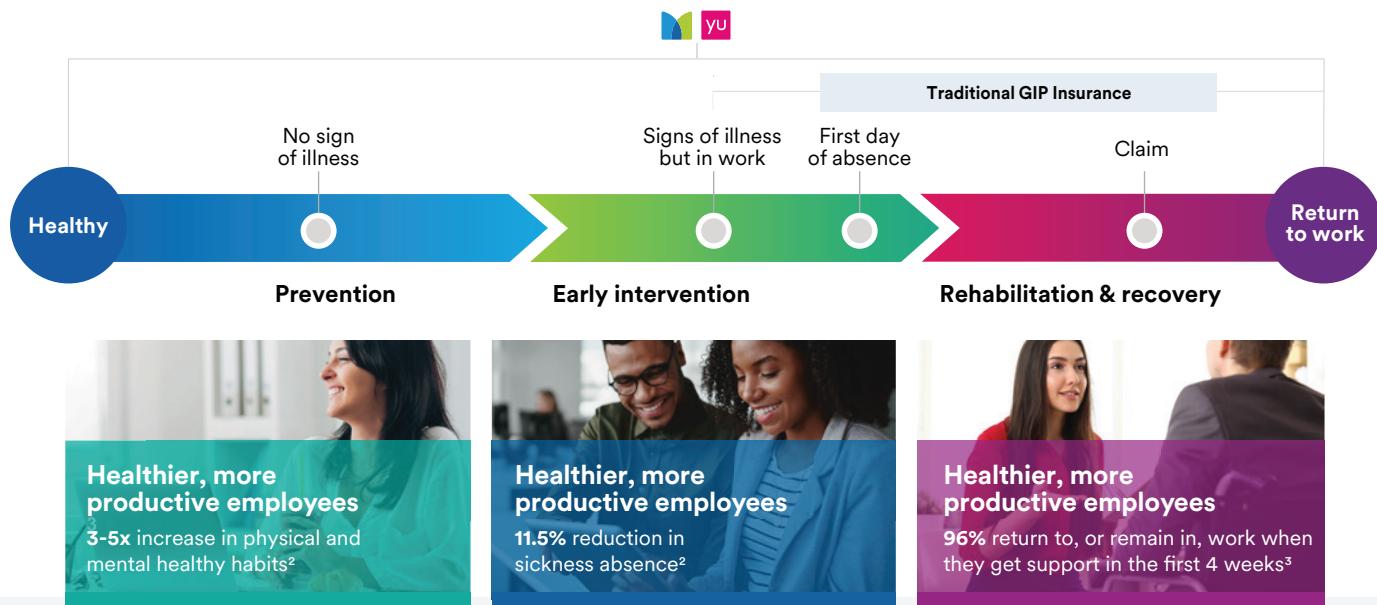
Fortune 500
#50



2.2 million
UK Group customers

Group Income Protection

Struggling employees can be referred to Early Intervention while they are still at work and as soon as they go absent. Our data shows that the sooner an employee is referred, the less likely a short-term illness becomes long term.



Access your services

To access YuLife, including the Wellbeing Hub which hosts your EAP and Virtual GP services, please follow these simple steps:

- 1 | Go to the YuLife Activation Page to find out more about YuLife and your on-boarding journey
- 2 | From the Activation page, you will be able to log into your Employer Portal to accept the terms and create a new username and password to activate YuLife
- 3 | You'll then receive an email from our Launch Team with instructions which will help you roll out YuLife company-wide
- 4 | If you have any issues accessing YuLife please contact: metlife@yulife.com



To access your EAP directly:

- 1 | Simply scan the QR code
- 2 | Visit <https://wisdom.healthassured.org>
- 3 | Alternatively, you can phone for support any time of day:
0800 389 0285

Access code:

To access your Virtual GP directly: Visit: <https://metlife.gp-24.com> or call: **0330 0435198**
Use activation code: **MetLifeGP24**

1. Awards for Best InsurTech and Outstanding Customer Journey at the Insurance CX Awards 2024, Insurtech of the Year at the COVER Excellence Awards, and Best Financial Services Provider at the British Insurance Awards.
2. Source: YuLife data 2024, The Economic Impact of YuLife Report, Forrester Consulting, November 2023.
3. Based on MetLife claims data to April 2024.
4. The Wellbeing Hub is available to employees and members of their family in their household - the spouse or partner and any brother, sister, parent, legal dependents (except children under the age of 16) who are living in the same household as the employee; and any children or legal dependents of an employee who do not live in the employee's household and are aged 16 to 21, living in the UK and are in full-time education up to the age of 21.
5. GP24 is available to employees and members of their family within their household.

www.metlife.co.uk

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GP24 is a healthcare service provided by HealthHero Solutions Limited, trading as HealthHero.

The MetLife Wellbeing Hub is a range of health and wellbeing services provided by Health Assured Limited, registered in England and Wales No. 06314620. Registered Address: The Peninsula, Victoria Place, Manchester M4 4FB, UK.

YuLife Ltd is authorised and regulated by the Financial Conduct Authority. Firm reference No. 783352. Yu Life Ltd is a company registered in England, company no. 10308260, registered office: 12 Mallow Street, London, EC1Y 8RQ.

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