



MultiProtect

Active Lifestyles



MultiProtect - Active Lifestyles

For every moment, there's  **MetLife**

A woman with dark hair tied back, wearing a light grey polo shirt and a smartwatch, is grooming a brown horse in a stable. She is using a round-backed brush on the horse's neck. The horse is wearing a halter and is attached to a chain. The background shows stable stalls.

Protection for your lifestyle.
However you live it...

MultiProtect is a simple product.

It provides protection for you against
many kinds of day-to-day accidents.

And is perfect for people like you who
have active lifestyles.



Is it for me?

yes

MultiProtect - Active Lifestyles

Millions of people like you play sport every week in the UK.* But getting injured could mean you need long or short term financial help.

Optional **Active Lifestyle** cover as part of a **MultiProtect** policy gives you financial protection and covers you for:

- Tendon ruptures
- Dislocations
- Complete ligament tears
- Partial ligament tears

In addition to the core product.

So, for example, if you take part in any of these, you're covered:

- Football
- Rugby
- Cycling
- Gym, weightlifting, or fitness classes
- Running
- Martial arts
- Equestrian sports

And more...

*<https://www.statista.com/statistics/975131/sport-participation-england-by-activity-group/>. Accessed May 2024

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Can I add it to my policy?

yes

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Active Lifestyle cover can be added to any **MultiProtect** policy for £1 per unit per month for up to five units, so is flexible to your budget. And it's easy to apply too, with our simple online process that doesn't include any health questions, and cover that usually starts immediately.

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Does it give me complete peace of mind?

If you suffer an injury and need to spend time in a UK or European hospital, you'll be able to claim for every complete 24-hour period you spend there – up to a maximum of £250 per day* – so you'll be able to keep life on track while you recover.

*Based on 5 units of cover

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Now's the moment to

just say *yes*

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